The MAR Breakdown is the journal of the Mid Appalachian Region of the National Speleological Society. It is published three times a year; prior to the annual business meeting and prior to the Spring and Fall field meets.

Subscriptions-
Event notices and MAR Breakdown newsletters are distributed electronically. When you attend a field meet, the email address provided on your registration form is added to the distribution list. You may also add yourself to distribution by going to http://eepurl.com/P2f5j and completing a short registration form.

Meetings and Meets-
The annual business meeting is held the last Saturday in February. Each spring and fall there is a field meet. Watch for dates.

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Due to the ongoing COVID-19 pandemic, all in-person MAR field meets are suspended until further notice. We will return to live MARs as soon as it is safe to do so!

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